

LAKENHEATH HIGH SCHOOL SUMMER NEWSLETTER

“SCHOOL MATTERS”

Volume 14, Issue 3 – November 2009



Principal: Mr. Kent Worford

Assistant Principal: Ms. Barbara Lee

Calendar of Events

Date	Time	Event	Location
3 November	1900	Fall Music Recital	LHS Auditorium
5 November	1500	SAC meeting	LHS IC
5 November	1700	Roundtable Meeting	LHS IC
6 November		Teacher Recording Day- No School for Students	
5-7 November		Volleyball Championships	K-Town
10 November		Lakenheath Model United Nations Class hosts Alconbury High School and SHAPE for the LAKMUN Conference	LHS
11 November		Veterans Day- No School	
13 November		Professional Development Day-No School for Students	
17 November	1715-1745	AP Parent Night	LHS
17 November	1800	College Night	LHS Cafeteria
21-28 November		LHS MUN students travel to Russia to compete in the IMUNG Model United Nations Conference in	Ivanovo
25-26 November		Thanksgiving Day- No School	
3 December	1130	Early Release-1/2 Day for Students	
3 December	1500	SAC meeting	LHS IC
3 December	1700	Roundtable Meeting	LHS IC
15 December	1900	Winter Music Recital	LHS Auditorium
21-31 December		Winter Break	

SCHEDULE CHANGE ANNOUNCEMENT

The Lakenheath Complex Schools will be in session for a half day only on Thursday, December 03, 2009. Dismissal time will be at 11:30. Teachers will conduct Professional Development.

AP Parent Night

On Tuesday, November 17, from 1715-1745 each AP teacher will prepare a "Course Tips for Parents of AP Students" to be passed out to parents. Ms. Brady and Mr. Ballew will be present to talk about overall ideas (Access to College Board Materials, Study Groups/Buddies, etc) and answer questions.

College Night

Lakenheath High School will be hosting College Night on Tuesday, November 17 from 6-8 p.m., with numerous schools from the United States and beyond participating. College Night is designed to give potential students and their family's information about many different colleges, including their scholarship and financial aid opportunities, and possible career paths available following graduation.

Fall Concert

The Lakenheath High School Music Department presents its Fall Concert on Tuesday, November 3rd at 1900 in the LHS Auditorium.

Lingua Fest

There are 23 participants who were chosen to attend the Lingua Fest being held in Oberwesel am Rhein, Germany from 30 November until 4 December 2009. They are spending a week of rigorous language study comprising of a Core Class, Evening Enrichment Offerings and a Study Trip. The Core Class will provide participants with a challenging, immersive language experience in the language that they are currently studying, while evening enrichment offerings will enable students to explore other languages and cultures. In addition, the Study Trip will be to the Rudesheim Christmas Around the World Market to cap off their cultural experience.

Future Business Leaders of America (FBLA)

Future Business Leaders of America (FBLA) has started the school year with an increase in membership and many new ideas for fund raising and community service. Our first community service activity will be volunteering at the Liberty Elementary School's Carnival. If you have any information to help our club network with local business contacts for possible job shadowing, study trips, or speakers, please contact Mrs. Taylor at 226-5623, or jean-marie.taylor@eu.dodea.edu

Creative Connections 2009

Lakenheath High School is delighted to announce that 17 students have been selected to participate in the Fine and Performing Arts program, Creative Connections 2009 at Oberwesel am Rhein, Germany. Students will be participating in a cross-section of art, music, dance, drama and video production activities. This program provides a one-yearly enrichment program for students interested and immersed in the arts.

Tom Phelps, Art Teacher

Winter Sports

Students who wish to try out for the winter sports season must have current physical on file before they can try out. The winter sports season begins Nov. 16.

National Honor Society

LHS's Cambridge Chapter of the NHS raised over \$200 for charity during Spirit Week in October. They sold tickets to win two Spirit Baskets filled to overflowing with games, DVDs, chocolates, and other goodies.

Teen Read Week a Success!

This year's theme was "Read Beyond Reality." Wednesday's new book reception was well received by students and staff. This all day event featured displays of new books, punch, treats and prizes awarded throughout. The anagram and Halloween puzzle contests were popular; winners were announced and prizes given during Seminar on Tuesday, 27 October. The Halloween puzzle winner was D'Andre Elliss. The anagram winners were Daniel Carroll, Emily Faulkner, Tarean Jones, Joshua Lara, Ashley Rayner, Dominee Roehm, and Lexy VanderClute. Many thanks to the students and staff who made Teen Read Week a success! Check out the December newsletter for information on the winter holiday contest.

Continuous School Improvement at LHS

WE NEED YOU!!!!

As the first quarter ends, the school improvement process is in full swing. Staff are preparing for the first professional development day of the school year. We are looking for a few parents to be involved in different committees. This will mean one meeting of less than an hour per month and a two hour session at the professional development day on Friday, November 13 from 8-10.

There are seven groups to choose from:

1. Vision and Purpose
2. Governance and Leadership
3. Teaching and Learning
4. Documenting and Using Results
5. Resources and Support Systems
6. Stakeholder Communication and Relationships
7. Commitment to Continuous School Improvement

If you are interested in assisting our students in achieving the best that they can, please email either Kent Worford, Principal, at Kent.Worford@eu.dodea.edu or Anita Lang, Continuous School Improvement Chair, at Anita.Lang@eu.dodea.edu. We need parents, community members and students for each committee.

Balfour Company

Karen from the Balfour company will be at school on Monday and Tuesday--November 16th & 17th to take orders for class rings and letter jackets. She will be in the Main Entryway from 10:30 - 15:30. She will also be at College Night in the Cafeteria on Tuesday evening, November 17th.

NEEDED!!!!ADULT TUTORS FOR THE LHS AFTER SCHOOL TUTORING PROGRAM

The need for tutors in all subject areas (especially math, foreign language, computers, and science) is substantial. If you can spare any time to help tutor our students, it would be greatly appreciated. If you have further questions, please e-mail me at stephen.kantor@eu.dodea.edu, leave a message at the school's main extension 3115, or call me directly at extension 5573 before 0800 and after 1500 most weekdays.

Steve Kantor, LHS After School Tutoring Program Coordinator

Information on after school tutoring program for LHS students

To participate in the after school tutoring program, LHS students are recommended by their subject area teacher (and express a willingness to attend one or more sessions). Held on various Mondays and Thursdays throughout the semester. each tutoring session (starting promptly at 1515) lasts from twenty minutes to two full hours, depending on student attendance and needs (as well as the expertise of the tutors available that day). During the first semester, the tutoring program will meet (depending on student numbers or room availability) in the LHS Library/Information Center or room #210 (Mr. Steve Kantor's classroom) in the main building on campus (#816). The remaining dates for first semester are:

November		December	
Monday	Thursday	Monday	Thursday
	5		3
	12	7	10
16	19		
23			
30			
		January	
		Monday	Thursday
			7
		11	14

The schedule for second semester after school tutoring sessions will be distributed widely by mid-January 2010. The second semester sessions are tentatively set to begin on Thursday February 11, 2010. If you have any further questions, contact Steve Kantor at LXT. 3115 or e-mail stephen.kantor@eu.dodea.edu .

Counselors' Corner

Are you thinking of playing sports in college?

The **NCAA Initial-Eligibility Clearinghouse Application** is required by colleges in order to participate in intercollegiate athletics. To start this application go to <https://www.ncaaclearinghouse.net/NCAA/common/index.html> ; go to "Prospective Student-Athletes." At the next screen, select "[Domestic Student Release Form](#)," and then complete the required fields. Remember the LHS School Code is 575-020. There is a fee required to process the application.

FAFSA – Start it now!!

The **FAFSA** (Free Application for Federal Student Aid) is required by most colleges as part of their financial aid application process. The information on the FAFSA is based on your family's 2008 Federal Income Tax. It is recommended you file this application as early as possible with 1 February being ideal (Tax returns can be delayed till April 1st). The earlier you file the better Experience shows that completing the FAFSA on-line is the most reliable method. Go online to www.fafsa.ed.gov and apply for your pin number! Remember this is a free service of the Department of Education. If there is a fee requested you are in the wrong web site.

What is your EFC?

EFC or Expected Family Contribution is the portion of the tuition, books and living expenses that comes from your family's income. The EFC is calculated from the information you submit when completing the FAFSA. An estimate of your EFC can be calculated at the Financial Aid Estimator located at www.act.org or www.collegeboard.com. This web site also has practice materials for taking the ACT and SAT.

FAQ of Guidance Counselors

What is the CEEB number for our school? The CEEB or school code number for Lakenheath HS is 575-020. Using this number tells colleges and other organizations that you are a student at LHS.

Turning 18 Soon?

Upon reaching the age of 18 all boys are required to register with the Selective Service. This is required by law and can be done easily on line at www.sss.gov at no cost. Students must complete this registration before they can receive any federal financial aid for college.

Testing Dates SY 09-10

Below are the SAT and ACT testing dates and registration deadlines for the current school year. Directions for SAT online registration are on pages 12-13. Students must pick up an ACT online registration form from the counselors. This form includes a waiver number that will allow students to waive the international fee surcharge. (If students register without this waiver, their test will cost \$22 more, and their fee cannot be refunded.) Students should see their counselor with questions.

SAT Registration Deadlines			
Date	Test	Early Registration	Regular Registration
November 7, 2009	SAT & Subject Tests	Sept. 16, 2009	October 1, 2009
December 5, 2009	SAT & Subject Tests	October 14, 2009	October 30, 2009
January 23, 2010	SAT & Subject Tests	December 2, 2009	December 15, 2009
May 1, 2010	SAT & Subject Tests	March 10, 2010	March 25, 2010
June 5, 2010	SAT & Subject Tests	April 14, 2010	April 29, 2010

ACT

Please pickup your ACT International Surcharge Waiver form prior to registration from a counselor or Ms. Titus.

Test Date	Registration Deadline
December 12, 2009 +Writing	November 6, 2009
February 6, 2010	January 5, 2010
April 10, 2010 +Writing	March 5, 2010
June 12, 2010	May 7, 2010

Why take an SAT subject test?

1. Many colleges require or recommend taking one or more SAT subject Tests for admission or placement.
2. Even if a college does not require Subject Tests scores, having them can only help your application.
3. Subject Tests show your mastery of a specific subject or language.
4. Colleges may exempt you from a freshman course requirement.
5. All of the above. Information from CollegeBoard.com

Seniors and College

Narrow your college choices to 5-10 colleges. Get an application and financial aid information for each school. Make a master calendar and note test dates, fees, and deadlines. Ask for recommendations. Give each person a resume and required forms. Write first drafts of your application essays and ask teachers, parents and friends to read them. Remember: think about what you want and find a school that is a good fit. Check out College Search at CollegeBoard.com. Make an appointment with Mr. Daugherty for help.

Official Transcripts for college applications

Students must fill out a (yellow) transcript request form available in the counseling office that must be signed by both the student and their sponsor and returned to the office. For requests that official transcripts be mailed to colleges, the college address must also be printed legibly on the transcript request form. Remember to submit official transcript requests and other college application forms well before deadlines to allow time enough to complete and send to the college of your choice.

Seniors

If you are busy getting college applications together—think about this

In a recent College Board survey, 4-year colleges ranked their admission criteria based on responses from 1,917 institutions. The following criteria are considered “very important”:

- School achievement 83%
- Test scores 59%
- Recommendation 19%
- Essay 17%
- Interview 14%
- Activities 4%

Source: College Board Annual Survey of Colleges, 2005-06

Freshman Parents Need to Know

1. FRESHMAN YEAR COUNTS!

Did you know that freshman grades are more important than senior grades for college admission? Most college applications are made before seniors have completed their first semester. The transcript sent with the initial college application has ALL FRESHMAN GRADES and no senior grades! See how important freshman year is!

2. STUDYING vs HOMEWORK

How many times have you heard “Mom/Dad - I have finished (or do not have) homework!”? This may be true but as the graduation requirements have become more rigorous (26 credits and minimum 2.0 GPA) and subjects are more complex (Remember geometry? How about Punnett Squares in biology?), students find completing homework is not enough practice to really know and understand the material. An hour of studying

Lakenheath High School Unit 5185, Box 45 APO AE 09461
DSN 226-3115 commercial phone 01638-52-3115 Fax 1638 53 3073
Web access <http://www.lake-hs.eu.dodea.edu/>

every night reviewing, re-reading textbooks, practicing second language vocabulary and phrases, rewriting notes and essays, and doing extra problems can really pay off come test day. Reading current event magazines/newspapers or a book from the DoDEA reading list during this study hour are other ways of preparing students for the rigors they will find in the classroom.

3. NOW IS THE TIME!

Freshman year is the time to start planning for meeting the cost of college. Families are expected to help pay for college along with any financial aid that might be received. This means looking at your family budget and the cost of college; discuss with your daughter/son the big decisions that need to be made. Too many times counselors hear parents and students say "I wish we had known this earlier!" Freshman year IS the year to start. Take advantage of school programs and counselors as well as the great resources found on the Internet.

Online Resources and Useful Websites

Lakenheath HS students have remote access to the following online resources. The login information is available from the Information Center (library). Please contact the IC staff by phone at 226-3903 (01638-523903) to request this information; students are welcome to pick up the bookmark in the IC. These online resources are excellent tools for research--check them out!

ProQuest / Social Issues Resource Series

<http://www.proquestk12.com/>

(select the button Go To My Products Page)

Thomson Gale Resources

<http://infotrac.galegroup.com/itweb/lakehs>

World Book Online

<http://www.worldbookonline.com>

Newsbank

<http://infoweb.newsbank.com>

Columbia Grangers World of Poetry Online

<http://www.columbiagrangers.org>

ABC-Clio Databases

<http://www.socialstudies.abc.clio.com/>

Useful Websites:

<http://www.lake-hs.eu.dodea.edu/> (LHS website)

<http://www.doddse.net> (student e-mail with digital locker)

<http://www.collegeboard.com/> (LHS School Code Number is 575020)

LAKENHEATH HIGH SCHOOL e-mail Roster

In an effort to facilitate communication between home and school, we are providing the following email addresses for all teachers. E-mail addresses for LHS faculty and staff follow this pattern: firstname.lastname@eu.dodea.edu. If you have any questions about e-mail addresses, don't hesitate to contact the front office at DSN 226-3115 or 01638-523115.

Ronna.Arellanes@eu.dodea.edu	Marjorie.Huntington@eu.dodea.edu
Pat.Ballew@eu.dodea.edu	Shona.Jamadi@eu.dodea.edu
Greg.Mako@eu.dodea.edu	Gail.Johnson@eu.dodea.edu
Earl.Price@eu.dodea.edu	Stephan.Kantor@eu.dodea.edu
Jennifer.Crane@eu.dodea.edu	Doug.Rehak@eu.dodea.edu
Gail.Brady@eu.dodea.edu	Anita.Lang@eu.dodea.edu
Jeri.Brittain@eu.dodea.edu	Barbara.Lee@eu.dodea.edu
Darryl.Brock@eu.dodea.edu	Louis.Martin@eu.dodea.edu
Danell.Harrison@eu.dodea.edu	Matt.Martinez@eu.dodea.edu
Anne.Buckner@eu.dodea.edu	Otis.McCloskey@eu.dodea.edu
Alan.Campbell@eu.dodea.edu	Linda.McIntyre@eu.dodea.edu
Deborah.D'Abreu@eu.dodea.edu	Belkis.Mezquita-Stallings@eu.dodea.edu
Kathy.Daly@eu.dodea.edu	Mike.Mickenberg@eu.dodea.edu
Kent.Daugherty@eu.dodea.edu	Linda.Mills@eu.dodea.edu
Oscar.Davis@eu.dodea.edu	Caletha.Mitchell@eu.dodea.edu
Bill.Dawson@eu.dodea.edu	Jeanne.Neupert@eu.dodea.edu
Kathy.Douma@eu.dodea.edu	Bob.Parkerson@eu.dodea.edu
Karen.Drake@eu.dodea.edu	Thomas.Phelps@eu.dodea.edu
Joel.Drouet@eu.dodea.edu	Janis.Ready@eu.dodea.edu
Robyn.Eaves@eu.dodea.edu	Jay.Reed@eu.dodea.edu
Mark.Fry@eu.dodea.edu	Sabrina.Adkins@eu.dodea.edu
Erica.Hume@eu.dodea.edu	Mike.Skiles@eu.dodea.edu
John.Gilmore@eu.dodea.edu	Phyllis.Stubbs@eu.dodea.edu
Barbara.Graff@eu.dodea.edu	Jean-Marie.Taylor@eu.dodea.edu
Jason.Gusler@eu.dodea.edu	Idell.Tong@eu.dodea.edu
David.Hagander@eu.dodea.edu	Richard.Trantham@eu.dodea.edu
Nancy.Healy-Sullivan@eu.dodea.edu	Eileen.Uram@eu.dodea.edu
Jamie.Henshaw@eu.dodea.edu	Roger.Volk@eu.dodea.edu
Kay.Hilley@eu.dodea.edu	Kent.Worford@eu.dodea.edu

News from the Lakenheath High School Round Table

The LHS Round Table is a Parent/Teacher organization for Lakenheath High School with members consisting of parents, teachers, and students. The next Meeting is 1700 hours, 5 November 2009, Thursday in the Media Center Lakenheath High School Library; but are normally are held the first Thursday of every month at 1700.

What good does it do for anyone to join? You are helping the school to raise funds for the numerous academic and athletic requests from the teachers and students throughout the year. Second, your attendance at the monthly meetings provides you an opportunity to help make decisions and suggestions as to how LHS Round Table funds will be utilized to help assist our students, teachers, and school. Membership is only \$5 for a single member and \$10 for a family. That means if you have more than one student in high school you still pay only \$10 for your family's membership.

What else does the LHS Round Table do? Besides having membership drives, we operate the food van at all home games for football, volleyball, tennis, soccer, wrestling, basketball, softball, and track provided we have enough volunteers to open. This is a great opportunity for parents to help support a student's athletic event. We do not ask that you volunteer while your student is playing the game, but rather before or after a game. We have a sign-in log to help keep track of the volunteer hours everyone accumulates. This is a great way for students to earn volunteer hours for their resumes. Students from extra-curricular clubs and athletic teams can come out and volunteer if they think they will be asking the Round Table for any assistance with funding requests.

What did the Round Table do for the students, teachers, and the school last year? We provided funds for foreign language recorders, college night, JROTC color guard/drill team equipment, Odyssey of the Mind travel expenses to competition, Europeans for sports events, Green Team racing car supplies, Junior Science Symposium, flags for the front of the school, Prom, Teacher Appreciation week, JROTC leadership camp, Graduation programs and scholarships. None of these requests could have been met without the support of the teachers, parents, students, and staff members. The majority of the funds were raised by membership drives and the food van. Unfortunately, we were unable to open for every shift, due to a lack of volunteers.

What can you do to support the LHS Lancers? Join the LHS Round Table and volunteer at the food van, participate at the monthly meetings, and/or offer your time to chair a position within the Round Table. We must all work as a team to provide the best we can for our Lakenheath High School students. The Lancers need you.

Thank you for your support,
Tim Jones, Round Table President

Go LANCERS!!!

**The next Round Table meeting will be held at 1700 on
Thursday, 5 November, in the LHS Information Center
(library).**

Round Table Membership

Membership Type: _____ Family \$10 _____ Individual \$5

Name: _____

Address: PSC _____ Box _____ APO AE _____

Phone: Work _____ Home _____

E-mail: _____

Student(s) name / grade(s):

Please make checks payable to:

LHS Roundtable

Check # _____ Cash _____

****This is not in conjunction with the Sports Pass****

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Receipt for LHS Round Table Membership Dues

Received from _____ in the amount of _____ for LHS Round Table Membership dues for the 2009-2010 school year.

(Sign and date)

Check # _____ Cash _____

**Lakenheath High School
Unit 5185, Box 45
APO AE 09464**

Parent's Viewpoint

Dear Parents,

The Purpose of this page is to seek comments about LHS from you. We hope to improve our school by asking for and listening to your views.

Please feel free to make comments and return them to LHS. E-mail this page to principal.lakenheath.hs@eu.dodea.edu; you can also mail this page to the address above.

Kent Worford
Principal

Comments:

Name (optional):

Date:

Phone (optional):

If you would like a direct response or answer, please provide your name and a telephone number where you can be reached during the day.

(Mailing address: Lakenheath High School, Unit 5185 Box 45, APO AE 09461.)

LAKENHEATH STUDENTS REGISTERING FOR THE ACT/SAT ON LINE

ACT ONLINE REGISTRATION

Students must pick up an ACT International Surcharge Waiver (DoDDS) from Ms Bangs or your counselor before completing your on-line registration.

1. Go to www.act.org and check on THE TEST
2. ACT Student Account – sign up/log in (first time users create a new account)
3. Your account info: create user id/password/provide email account
4. Your information: US
PSC Number and Box Number
City =APO
State=Armed Forces Europe
Zip=APO zip (use only first 5 digits)
Yes=legal resident of APO AE
Leave phone blank
HS graduation year
Gender
Ethnic background (optional)
5. Find Your High School Section
HS code=575 020
Then SEARCH
(2nd screen) Lakenheath HS – SELECT
6. Verify your information
7. Your high school summary – Size of your class is 100-199 & estimate your class rank
8. College plans, interests, special interests, extra curricular, paying, background, out of , class activities, interests = fill in as you can. This requires about 20 minutes.
9. Select where to test – ANOTHER COUNTRY
10. Read terms and conditions, click on “I understand and agree”
11. Select Test Date and options – THESE ARE UNIQUE TO LAKENHEATH
ACT (plus writing) on, Dec 12 and Apr 10 ONLY
ACT (no writing) on Feb 6 and June 12
12. Okay High School test release scores
13. Select current grade level and your high school courses and grades
13. Search for **Test Center** by using 866130. Select Lakenheath High School for the Test Center.
14. Check details and change or click continue.
15. **Registration Summary Page** – use the number at the top right hand corner of the ACT International Surcharge Waiver in order to avoid the Overseas Surcharge by \$25. Click the Apply button.
16. **VERY IMPORTANT!** After registration student must complete the surcharge registration form and give it to Ms D’Abreu or your counselor. Losing this sheet (each form has a unique number) or failure to turn in this form may void the \$25 credit.
17. Complete the **Credit Card Information** and Click the Submit Button.
18. Print the **Admissions Ticket**. You will need to bring this with you on the test day.

SAT ONLINE REGISTRATION

Go online to www.collegeboard.com

INTRO PAGE

- * Click on Registration Online For SAT

SAT REGISTRATION PAGE

- * Click on Register Now

SIGN IN PAGE

- * If you have an account with College Board then sign in with your User Name and Password and skip down to SAT REGISTRATION AND SCORES
- * If you do not have an account click Sign Up on the bottom right corner

SIGN IN PAGE II

- * Select student and then click the submit button

SIGN IN PAGE III

Step 1: Enter Your Information

- * Complete the profile
Select **Outside the US** Overseas phone numbers do not work so leave blank.

Step 2: Select User Name and Password

- Make sure you make note them somewhere

Step 3: Connect to College Board Services

- * Your option

SAT PERSONAL INFORMATION

- * Complete the information – if you already have a profile with SAT be sure to check your address is correct (according to these directions)
- * Under address use APO for city and select the AE or **American Forces Canada** in the pull down options
- * **Do not complete the Outside the US address blanks.**

SAT QUESTIONNAIRE

- * This is a five-page questionnaire where you must complete some of the fields but not all.

SAT REGISTRATION and SCORES - Select button for **NEW REGISTRATION**

(You may also choose to Edit Your Questionnaire at this time)

SAT TERMS AND CONDITION

- You must review this material and check each box after you have read the terms. Select continue

CHOOSE TEST

CHOOSE TEST AND TEST CENTER LOCATION

Select *SAT I* or *SAT II* (most students take *SAT I* and some will take the *SAT II* if their college requires it.)

Select Test Center Location **OUTSIDE US**

HIGH SCHOOL

Select Grade Level

Select **Search for High School Name**

New Screen

Search by High School Code

Fill in **575020** (LHS School Code) and select the **SEARCH** button

OR

Search by Country selecting **United Kingdom**

Search Results -

Highlight **Lakenheath High School DOD**

Select **Save & Continue** button

Testing Accommodations – select **NO** or talk to a LHS Counselor

Fee Waiver – select **NO** or talk to a LHS Counselor

Select **Save & Continue** button

CHOOSE TEST DATE

*Select the date desired and select **Save & Continue** button

TEST SERVICES

*Read the information and select **Yes** or **No** then select **Save & Continue** button

CHOOSE TEST CENTER

Choose Search for a Test Center

New Screen

Search by Test Center Code and enter 57169

Select **Lakenheath High School DOD** and then select **ADD** button

DO NOT select a Second Choice there will always be available spaces

Select **Save & Continue** button

SEND SCORES

* Your test scores can be sent to four colleges as part of your test fee. Search by Code (your counselor has the codes), College Name or Location. Select from the **Search**

* **Results** and **ADD** the college to your **Send Scores To** list. This may be done later.

* Select **Save & Continue** button

REASOURCES

This section offers materials that may be purchased from College Board.

NO is the default selection. Select **Save and Continue**

FINAL REVIEW

❖ You can review your Registration Information and update if you desire.

○ The cost should be \$43 for LHS students taking the SAT I.

○ Complete the Credit Card Information

○ Select **Save & Continue** button or **Cancel**

CONFIRMATION AND ADMISSIONS TICKET

****Print this screen and take the Admissions Ticket with you the day of the test**

****NOTE:** You can **CANCEL** at any point in the registration process and your information will be saved and can be completed at a later time.

Barracuda Swim Club



Want to eat like Michael Phelps?
Want to travel all over Europe, including Spain, Italy and Germany?
Want that Michael Phelps body?
Want a JV or Varsity letter?
Want your picture in the yearbook?



If yes, then join the Lakenheath Barracuda Swim Club!

We travel to places like Naples, Rota (Spain), Munich, Sigonella (Sicily), Venice, Berlin and many more

Come out and join the Lakenheath High School Swim Team. Swimmers can earn JV or Varsity letters.

Practice begins this week and swim meets start mid-September. Please contact

laken.barracudas@yahoo.com for more information or see our website at barracudas.moonfruit.com

Lakenheath High School Unit 5185, Box 45 APO AE 09461
DSN 226-3115 commercial phone 01638-52-3115 Fax 1638 53 3073
Web access <http://www.lake-hs.eu.dodea.edu/>

Barracuda Swim Club

The Barracuda Swim Club is part of the European Forces Swim League and competes against teams across Europe. Practices are held at RAF Honington which is located between Bury St. Edmunds and Thetford. Home meets are held at the Bury St. Edmunds Leisure Center pool. High school swimmers can work towards a junior varsity or varsity letter.

For more information regarding the team and practice schedule, please contact the team at lakenbarracudas@yahoo.com or go to barracudas.moonfruit.com.

Barracuda Swim Meet Schedule

8 November	Away @ Naples, Italy Versus Naples, Aviano and Vicenza
27 November	Away @ Aviano (Lignano), Italy Versus entire league
28 – 29 November	Away @ Aviano (Lignano), Italy European Forces Swim League Long Distance Championships
6 December	Away @ Berlin, Germany Versus Berlin and ESB
12 December	Home @ Bury St. Edmunds Pool Versus SHAPE, NATO, Mildenhall and Ipswich
9 January	Home @ Bury St. Edmunds Pool Versus SHAPE, Mildenhall and Ipswich
16 January	Away @ SHAPE (Mons), Belgium Versus SHAPE, Kaiserslautern, ESB and Vilseck
17 January	Away @ ESB (Brussels), Belgium Versus ESB, SHAPE and NATO
23 January	Away @ SHAPE (Mons), Belgium Divisional Championships Versus SHAPE, NATO, ESB and Geilenkirchen
13 – 14 February	Away @ Eindhoven, Netherlands European Forces Swim League Championships