

## Cheer

Mark your calendar now so that you can attend the annual European Cheer Championships on February 26, 2011 in Mannheim. This event, in conjunction with the basketball championships, will provide all of the cheer teams here in Europe an opportunity to demonstrate their ability in both side-line cheer and competition cheer. During the scheduled basketball games, cheer teams will be judged on spirit and a variety of other elements to attain the title of "Most Spirited". Then, on Saturday, teams will jump, flip and cheer their way to their Divisional Cheer Champion titles.

## Spring Sports 2011

Practice Starting Date: Schools may begin practice for Spring sports on the 7th March 2011. The DODDS-E spring sports season begins in March with a full slate of games and matches scheduled: Come out and support your Teams!

## Soccer

Boys and Girls Soccer begins on the 7th of March 2011. This spring season looks to be an awesome soccer season with games starting the 3rd week in March. European Championships will be held in Ramstein/Kaiserslautern on May 18-21st 2011.



## Softball

Girls Softball begins on the 7th of March 2011. This spring season looks to be an awesome softball season with games starting the 3rd week in March. European Championships will be held in Ramstein/Kaiserslautern on May 26-28th 2011.

## Baseball

Boys Baseball begins on the 7th of March 2011. This spring season should be the start of a legendary baseball season with games starting the 3rd week in March. European Championships will be held in Ramstein/Kaiserslautern on May 26-28th 2011.

## Track(Co-Ed)

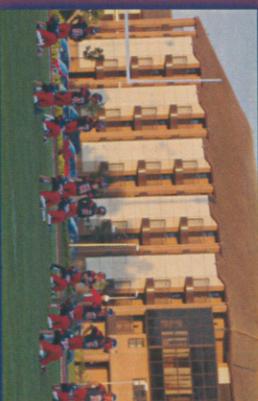
Boys and Girls track begins on the 7th of March 2011. This spring season looks to be a great track season with meets starting the 3rd week in March. European Championships will be held in Wiesbaden on May 27-28th 2011.



# Lakenheath High School

## Athletic Activities

# “Lancers in Action”



## The DODDS-E Athletics Program

The DODDS Europe Athletics Program is an integral part of the total learning experience. Participating schools work to promote the educational significance of "interscholastic" athletics. To allow each student to excel in their unique gifts we have created a wide variety of athletic options. Our programs are designed to help each student grow physically, mentally, and socially. This is an opportunity for all our young men and women to participate and compete on an equitable basis. The sports program and educational goals are guided by DODEA, our parent organization. Throughout our competitive sports activities we work to promote sportsmanship and ethical behavior on the part of everyone: athletes, coaches, administrators, officials and spectators. And, without question, in addition to athletic mentorship, we work diligently to protect the physical well-being of each athlete. We encourage our students to step out and try something new! For information specific to our school parents and students should see the principal or athletic director.

### Fall Sports 2010

Fall sports in all DODDS-E schools and the participating International Schools may officially begin practice on the 23rd of August 2010. Schools may offer the following sports during the fall season: boys and girls cross country; boys and girls golf; boys and girls tennis; girls volleyball; boys volleyball (Mediterranean district schools only), cheer and football. Students and parents interested in finding out more information about the fall sports program in their local school should contact the school administration.

### Cross Country

All twenty seven DODDS-E high schools are currently scheduled to offer a cross country program. We will have seven international schools also competing. The first regular season meet is scheduled for the 18th of September. The 2010 Championships will be held on 30 October, 2010 in Heidelberg, Germany.

Both individual and team awards will be recognized at this meet. Division I and Division II schools are authorized to send a team of 7 boys and 7 girls (minimum 5 each for the team competition) and the Division III schools may enter 5 boys and 5 girls (minimum of 4 each for the team competition). Schools unable to meet the team requirement, may still send runners to compete for the individual title, if they meet a qualifying time at any of the regular season meets.

### Football

Twenty-three DODDS-E high schools and the International School of Brussels will offer football during the 2010 season. Filton Academy has been approved as a league member and will be joining the Division I Conference, expanding that conference from seven schools to eight. All schools will play a regular season comprised of games with conference opponents leading into the play-offs scheduled to begin in late October. The Super Six Championships will be held in Baumholder, Germany on 6 November 2010. The top two teams in each Division will face off to determine the 2010 Divisional Champions.

### Tennis

Opening day for the 2010 tennis season is 18 September. Teams and individuals will participate in a regional conference with the top three male and female players from each school advancing to the 2010 European championships to be held 28-30 October in Wiesbaden, Germany. Schools may enter one singles player and one doubles team per gender.

### Golf

Twelve DODDS-E high schools will offer a golf program during the 2010 season. Golfers will participate in four regular season meets in an effort to meet a qualifying score making them eligible to participate in the 2010 European Championship. The lowest qualifying score will be dropped and then the other three scores will be averaged to arrive at a qualifying score. DODDS-E uses the Stableford system of scoring for both regular season matches and the championships.

### Volleyball

The 2010 season will commence with the "jamboree" weekend on 18 September, followed by a six-week season with teams playing regional opponents. All twenty-seven DODDS-E high schools and four international schools will participate in the 2010 European Championships scheduled for 4-6 November in the Kaiserslautern Military Community. During the regular season, varsity teams will play a best of five set match against scheduled opponents, while junior varsity teams will play a best of three set match.

### Winter Sports 2010-11

Practice Starting Date: Schools may begin practice for winter sports on 15 Nov. 2010. The DODDS-E winter sports season begins the first weekend in December with a full slate of games and matches scheduled. Come out and support your Teams!

### Basketball

On Monday, 15 November, players took to the courts to open the 2010-2011 basketball season. The opening date for games in Europe is 3 December. Teams will compete in a 14-game season followed by the 2011 European Championships. Once again, the site of the championships will be the Mannheim Military Community beginning on 23 February 2011. AFN will be broadcasting and streaming the 6 championship games on Saturday, 26 February.

### Wrestling

Wrestlers across Europe will open their competitive season on December 4, after spending the month of November conditioning and honing their skills. Wrestlers will compete the first two weekends in December and will resume with regular season matches on January 15. On February 12, at four different sites in Europe, wrestlers will participate in a sectional qualifying tournament to earn a berth at the European Championships. The championships are scheduled for February 19 and 20 in Wiesbaden where 12 wrestlers in each of the 14 weight classes will compete for both individual and team titles.